

BSDT's AYURVED MAHAVIDYALAYA, WAGHOLI, PUNE

DEPARTMENT OF SAMHITA SIDDHANT AND SANSKRIT

INTRODUCTION:

Department of Samhita Siddhant and Sanskrit hold crucial importance to understand the Basic Principles of Ayurveda which is necessary to promote fundamental research in Ayurveda as well as to uplift Ayurveda all over the globe.

This department imparts teaching and training of Sanskrit language, Basic Principles of Ayurved, Ayurved History, Ayurved Philosophy and Classical Texts at Undergraduate Level. The department is also engaged in Critical Study of Manuscripts and Fundamental Research through exploration and scientific validation of the basic concepts of Ayurveda. We focus on nurturing the coming generation to be proficient clinicians having clear understanding of the basic principles of Ayurved.

SUBJECT OUTCOME

SANSKRIT

- Understanding the concept of Saudhya and Samas.
- To read Ayurvedic books with Gramatical Knowledge.
- Motivation to learn and explore the language of Samhitas.
- To empower the students to understand sutras of Samhita independently and efficiently.

SAMHITA ADHYAYAN- 1

- Distinguish the different Samhitas, their importance and methodology and familiarize with the tools of Samhita Adhyayan. (eg: tantrayukti)
- Interpret and apply the sutras from the Samhitas.
- Apply and evaluate the Tridosha, Saptadhatu and Mala principles (theory).
- Practice and prescribe Dincharya (daily regimen), Ritucharya (seasonal regimen) and dietary principles for preservation of health.



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- Explore and distinguish different types of food, food groups and medicinal dravyas mentioned in Samhitas.
- Identify various etiopathological factors and predict different treatment principles
- Recognize and explain the fundamentals behind various therapeutics (Shodhan and allied) and parasurgical therapies.
- Develop a code of behavior and show mature behaviour in particular to the scientific deliberations

PADARTH VIDNYAN

- Illustrate the scope and utility of Ayurveda
- Explain Philosophical foundation of Ayurveda, Principles (Siddhantha) of Darshana along with their similarities and relevance in Ayurveda and contemporary sciences.
- Analyse and interpret Padartha (Prameya) in Darshana and Ayurveda. Recognize their applications in Ayurveda.
- Distinguish, analyse and apply concept of Pramana shastra (Epistemology) in Darshana and Ayurveda. Demonstrate their applications in Ayurveda.
- Analyse and apply concept of Karya Karana Bhava in Ayurveda.

CHARAK SAMHITA (PURVARDH)

Students will be able to:

- Give advice for health and lifestyle based on the basic principles of Dinacharya, Rutucharya, Vega dharan, Sadvritta, etc.
- Well versed with roga and rogi parikshan
- Apply Tantrayukti to independently read Charak Samhita.
- Diagnose unknown diseases using principles of Nidan Panchak
- Interpret Arishta Lakshanas in patients



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CHARAK SAMHITA (UTTARARDH)

- Introduction to Charak Uttarardha.
- Practical application of Siddhant in treating diseases.
- Knowledge of Panchakarma and treating its Vyapada.
- Knowledge of basic principles of Streeroga and Balroga.
- Knowledge of Rasayan-Vajikaran-Apunarbhava Chikitsa.
- Knowledge of Pathya-Apathya regarding different Vyadhi.
- Various preparations of Kalpa and its use in details.

SPECIALITY OF DEPARTMENT:

- Special Guest lectures are conducted twice a week by Vd. Anant Dharmadhikar. Lecture comprises detailed study of Brihatrayee along with its commentaries.
- Special workshop of Sanskrit is organised every year to improve the understanding of Sanskrit and to demonstrate its importance in learning Ayurveda.
- Conducted Charak Nirupan- a 3 day workshop by Vd. Anant Dharmadhikari and Vd. Abhijit Saraf.
- Intensive research is promoted to critically study available Manuscripts.
- The Department has an elaborate library with ancient original Sanskrit classical treatise and commentaries.
- To boost interest in the subject, the department organizes various competitions such as shlok competition, quiz competition and essay writing competition.

